# 2014–15 Program Instruments

# **Physical Education 2014–15**

IV. STANDARDS, ASSESSMENT, AND ACCOUNTABILITY

### IV-PE 01: Testing - FITNESSGRAM

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	IV-PE 01. The local educational agency (LEA) is required to participate in the California Physical Performance Testing program by administering the California Physical Fitness Test (FITNESSGRAM) to each student in grades five (5), seven (7), and nine (9) during the months of February, March, April, or May of each year. The LEA shall submit these results to the California Department of Education (CDE) at least once every two (2) years and report the results of its physical fitness testing in its annual School Accountability Report Card (SARC). (EC §§ 33352[b] [4], 33352[b][5], 60800)
Associated Documents	School Accountability Report Card (SARC) [r]
Required and Suggested Documents	
Legal References	

IV. STANDARDS, ASSESSMENT, AND ACCOUNTABILITY

# IV-PE 02: Evaluation - High School

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	IV-PE 02. High school students must be evaluated on their progress in each of the following areas:
	(1) Effects of physical activity upon dynamic health;
	(2) Mechanics of body movement;
	(3) Aquatics;
	(4) Gymnastics and tumbling;
	(5) Individual and dual sports;
	(6) Rhythms and dance;
	(7) Team sports; and
	(8) Combatives (may include self-defense).
	Reporting of pupil achievement is based upon all of the following:
	(1) Evaluation of the pupil's individual progress and the measure of his attainment of the goals specified in each area of instruction listed in subsection (a) of this section.

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(2) Tests designed to determine skill and knowledge.

(3) Physical performance tests.

(4) Any other evaluation procedures required by local governing board regulations. (5 CCR § 10060[g])

Associated Documents Mast

 $\hbox{Master Schedule and/or Faculty Roster/Teacher Assignments } [r]$ 

PE Course Outlines/Descriptions [r]

PE Course Syllabi [s]

Required and Suggested

Documents

Legal References

V. STAFFING AND PROFESSIONAL DEVELOPMENT

### V-PE 03: Teaching Credentials

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	V-PE 03. The LEA must provide instruction in physical education to students in any of grades one through twelve (1-12), inclusive, by physical education teachers who hold appropriate teaching credentials issued by the Commission on Teacher Credentialing (CTC). Instructional aides, paraprofessionals, and volunteers may only assist the teacher. (EC §§ 33352[b][9], 45343-45367)
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r]
Required and Suggested Documents	CTC Teaching Credentials [r]

Legal References

VI. OPPORTUNITY AND EQUAL EDUCATIONAL ACCESS

### VI-PE 04: Coeducational, Inclusive Manner

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VI-PE 04. All physical education classes shall be conducted in the coeducational, inclusive manner prescribed by law. The LEA must provide instruction in physical education that provides equal access and equal opportunities for participation for all students, regardless of gender. (EC § 33352[b][8]; 5 CCR §§ 4930, 4931, 4940; Title IX, 106.33, 106.34)
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r] PE Local Governing Board Policy (6142.7) [r]
Required and Suggested Documents	PE Class Rosters (students' last names redacted) [r]
Legal References	

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VII. TEACHING AND LEARNING

# **VII-PE 05: Instruction - Elementary School**

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 05. Elementary school students in grades one through six (1-6), inclusive, shall receive physical education instruction for a minimum of 200 minutes each 10 school days, exclusive of recesses and the lunch period. (EC §§ 33352[b][1], 51210[g], 51210.1[a][1][A])
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r]
Required and Suggested Documents	PE Instructional Minutes Report [r]
Legal References	

VII. TEACHING AND LEARNING

# VII-PE 06: Instruction - Middle and High School

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 06. Middle school and high school students in grades seven through twelve (7-12), inclusive, shall receive physical education instruction for a minimum of 400 minutes each 10 school days. Students in grades seven and eight (7-8) who attend a K-8 elementary school shall receive physical education instruction for at least 200 minutes each 10 school days, exclusive of recesses and the lunch period. (EC §§ 33352[b][2], 33352[b][3], 51222 [a], 51223)
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r]
Required and Suggested Documents	Bell Schedule [r]

Legal References

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VII. TEACHING AND LEARNING

# VII-PE 07: Teaching - High School

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 07. LEAs that maintain a high school shall provide a course of study in physical education to students in any of grades nine through twelve (9-12), inclusive, with a developmentally appropriate sequence of instruction, including:
	(1) Effects of physical activity upon dynamic health;
	(2) Mechanics of body movement;
	(3) Aquatics;
	(4) Gymnastics and tumbling;
	(5) Individual and dual sports;
	(6) Rhythms and dance;
	(7) Team sports; and
	(8) Combatives (may include self-defense). (EC §§ 33352[b][7], 51014, 51220[d]; 5 CCR § 10060[a])
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r] PE Course Outlines/Descriptions [r] PE Course Syllabi [s]
Required and Suggested Documents	

#### VII. TEACHING AND LEARNING

Legal References

# VII-PE 08: Exempted Students I

Updated 02/28/2014 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 08. LEAs that maintain a high school and elect to exempt students from required attendance in physical education for two (2) years any time during grades ten through twelve (10-12), inclusive, must offer those exempted students a variety of elective physical education courses, each with a minimum of 400 minutes each 10 school days. (EC §§ 33352[b][6], 51222[b], 51241[b][2])
Associated Documents	Master Schedule and/or Faculty Roster/Teacher Assignments [r] PE Course Outlines/Descriptions [r] PE Course Syllabi [s]
Required and Suggested Documents	
Legal References	

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VII. TEACHING AND LEARNING

### VII-PE 09: Exempted Students II

Updated 02/28/2014 by Administrator Administrator

SEA Status

In Progress

Comments by SEA

Compliance Indicators

VII-PE 09. LEAs may grant three (3) distinct and separate types of exemptions from courses in physical education for high school students:

#### Temporary:

The governing board of a school district or the office of the county superintendent of schools of a county may grant a temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:

- Ill or injured and a modified program to meet the needs of the pupil cannot be provided.
- Enrolled for one-half, or less, of the work normally required of full-time pupils. (EC § 51241[a][1][2])

#### Two-vear:

The governing board of a school district or the office of the county superintendent of schools of a county, with the consent of a pupil, may grant a pupil an exemption from courses in physical education for two years anytime during grades 10-12, inclusive, if the pupil has met satisfactorily at least five of the six standards of the physical performance test administered in grade 9 pursuant to Section 60800. (EC § 51241[b][1])

#### Permanent:

The governing board of a school district or the office of the county superintendent of a county may grant permanent exemption from courses in physical education if the pupil complies with any one of the following:

- Is 16 years of age or older and has been enrolled in grade 10 for one academic year or longer.
- Is enrolled as a postgraduate pupil.
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code. (EC § 51241 [c][1][2][3])

Associated Documents

PE Local Governing Board Policy (6142.7) [r]

Required and Suggested Documents PE Description of Process Used to Grant Exemptions [r]

PE Documents to Apply for and/or Monitor/Record Exemptions [r]

Legal References